**Why Homemade Soaps**

Commercial soaps are manufactured for the sole purpose of maximising their profit at the cost of user’s health. There are group of cosmetics designers in USA, Europe and India who are aware of the ugly side of cosmetic products. For maximising the health benefit, these selfless designers are helping in the movement of making soaps of high quality.

The commercial soaps are mixed with harmful essential and [fragrance](http://www.integrativeholisticremedies.com) oils. The long term use of the soaps results in baldness, skin cancer and respiratory ailment. The damage to health is slow and accumulative.

Parabens are not good for health, as they have been known to be endocrine disruptors, mimicking estrogen, and therefore, have been associated with **an increased risk of breast cancer**.

The foaming agent in commercial soaps that causes soap to bubble and foam. SLS and SLES have been linked to irritation of the skin, lungs, and eyes if mixed with certain [chemicals](http://www.integrativeholisticremedies.com), it can form nitrosamines, which are a known carcinogen, or **kidney and respiratory damage**.

Handmade soap is made in small batches using plant based ingredients. Handmade soaps are high in glycerine. When mixed in water it will soften and moisturise, the skin and it have natural antiseptic quality which is gentle and soft for tander skin. In industrial soap making glycerine is extracted out firm the soap for higher value added products for profitability.

The handmade soaps can find different users you can use yourself or give them as a gift. When packing nicely they can make an excellent addition to gift hamper.

[IHR](http://www.integrativeholisticremedies.com) is organising the movement to make it profitable by:

* Giving soap making kits for improving skin condition, complexion, Hair regrowth & Skin ailments.
* You can buy the sample soap price at Rs. 50 – 60.
* If you made it yourself it will cost you only Rs. 18 – 24.

**Design Team**

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